



THE NATION'S LARGEST DIRECT WRITER OF
LAWYERS' MALPRACTICE INSURANCE

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Checklist for Becoming Cyber Secure

This checklist is intended to help those who have a desire to become more cyber secure know where to start. It may also be helpful in identifying areas of concern that can and should be discussed with IT support personnel. Most importantly, be aware that cybercrime attack vectors will continue to change and evolve as will the sophistication of the attacks. Becoming cyber secure is an ongoing process, not a once and done effort. That said, here are the basics; and note that when the word “devices” is used, this word is meant to include all mobile devices and any home computers that are being used for work.

___ Keep hardware and software as current as possible. You don't need to be first in line for the latest and greatest; but don't be the last in line either. Newer devices and programs typically include improved security features and cyber criminals often target older devices and programs.

___ Keep your server in a locked room because physical security matters!

___ Install effective security software suites on all devices.

___ Utilize effective intrusion detection systems.

___ Use a spam filter.

___ Disable popups through browser configurations and/or install an ad blocker on all devices.

___ Keep all software on all devices up-to-date with the latest critical patches.

___ Determine where all office data is stored and then create a security policy that responsibly addresses the situation. For example, if you are backing up to external hard drives that are rotated off site, make sure to password protect and encrypt these drives.

___ Password protect all devices.

___ Use two factor authentication whenever available on any device or with any application.

___ Develop a password policy that mandates the use of strong passwords if the device or application will accept them. Strong passwords are defined as being 16 characters or more in length using a combination of uppercase and lowercase letters, numbers, and special characters. Note: Every application and device in use should have its own unique password and no password should ever be reused once changed. The use of a password manager can make this task easier and more secure than, for example, storing passwords in a file labeled “passwords” or writing them down and placing that list in a desk drawer.

___ Prohibit the sharing of user IDs and passwords with anyone, to include others within the office.

___ Have your IT support person change the default values on all wireless routers, server operating systems, etc.



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___ Wireless networks should be set up with proper security to include enabling strong encryption. This means you must disable WEP and WPA encryption and require WPA2 encryption. If the router supports WPA3 encryption, use it. Do not overlook home networks if home computers are being used for work.

___ Backup all data, periodically do a test restore of the backup, and store the backup in accordance with a disaster recovery plan because floods, fires and ransomware attacks happen. Backups should also be encrypted if taken off site or stored in the cloud. If using a cloud vendor, the vendor should not have access to the decryption key.

___ Password protect and encrypt any and all devices that go off site and contain any client confidences. This includes jump drives, external hard drives, laptops, smart phones, tablets, and home computers.

___ Limit privileges and access as appropriate. For example, does everyone in the office need access to the firm's financial or employment records? Can everyone download and install anything they want on any device they have access to? Can everyone make changes to the system configuration? Don't make it easy. Place limits on what people can do. Such limits can either be set up electronically via file permissions or physically via a locked door or cabinet.

___ Encrypt email and all data you place in the cloud. Some cloud companies advertise that they encrypt your data but only do so while the data is in transit. You must make certain your data is encrypted "at rest" as well. Better yet, don't rely on the cloud provider for this at all. Encrypt your data before placing it in the cloud to enable you to have control over the encryption key.

___ Mandate that all work related Internet sessions be encrypted and prohibit the use public computers and unsecured open public Wi-Fi networks. This does mean that access to the office network must always occur through the use of a VPN, MiFi, smartphone hotspot or some other type of encrypted connection.

___ Prohibit the use of any public computer for any reason. This would include the use of computer stations made available in the business center of a resort or hotel just as one example.

___ Have a policy that prohibits the jailbreaking of any mobile device that will be used for work. Jailbreaking is defined as modifying the operating system from its original state.

___ Never allow a non-employee to have access to your network absent appropriate oversight. In a similar vein, immediately upon the termination of anyone cut off all avenues of access to the network. Terminated individuals should never have access to any office computer or network plug, even if it's to simply download personal files, absent a trusted escort.

___ Provide mandatory social engineering awareness training to everyone at the office at least every six months.

___ Develop a cyber breach incidence response plan and provide the necessary training. At its most basic, if anyone suspects a device has been breached, teach them how to immediately disconnect from the Internet and/or the office network and instruct them to contact IT support immediately. They should never try to resolve the problem themselves!

___ Purchase a cyber liability insurance policy.



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____ Check your internal and Internet-facing network security at least annually to make sure your network is secure. This can be done by having a vulnerability assessment or penetration test done.

____ Properly dispose of any device or digital media that has or had any business-related data on it. Don't overlook digital copiers, digital cameras, memory cards, CDs, DVDs, jump drives, backup tapes, etc. All devices and media must be digitally wiped clean and/or physically destroyed. This does mean that devices cannot be given away for personal use, donated, recycled, or sold unless the entire drives have been overwritten.